

2025/26



Change lives. Including yours.

Volunteer with our incredABLE community

incredABLE is a local charity dedicated to supporting young people and adults with intellectual/learning disabilities and or autism to live fulfilling, inspired lives.

We provide a wide range of programmes and services, from youth clubs and day opportunities, to group outings and holidays, as well as specialist one-to-one support.



Who we are ...

OUR STORY

More than 25 years ago a group of parents, volunteers and professionals identified a need for young people with learning/intellectual disabilities and/or autism to have more opportunities to socialise with their peers within their local community.

OUR VISION

... is a society where individuals with a learning/intellectual disability and/or autism are inspired, empowered and included.

OUR MISSION

...is to create incredible opportunities for incredABLE people! By delivering meaningful projects and quality services in partnership with these incredABLE individuals.



Nigel Hampton
CEO of *incredABLE*

"Our dedicated volunteers team are a central part of our work here at incredABLE. Without them, our community would not be the same. We are grateful for every single one of these amazing people."

A photograph of a person in an orange jacket and blue jeans working in a garden. A young boy in a purple shirt is looking on. The person is wearing a purple rectangular sticker with the word "VOLUNTEERING" in white capital letters.

VOLUNTEERING

The gift that gives back ...

When you volunteer with incredABLE,
you're not just helping others,
you're also enriching your own life.

Why volunteer?

VOLUNTEERING

can help you to:

- make meaningful connections
- learn new skills
- gain confidence and experience
- improve your mental wellbeing
- feel part of something bigger

Our volunteers tell us that they get as much out of the experience as the people they support.

We offer a variety of volunteer roles to suit your interests, skills, and availability. Here are some examples of ongoing volunteer opportunities:

- Service Support Volunteers
- Event Volunteers
- Fundraising Volunteers
- Minibus Drivers (D1 License)
- Technical Support (IT, HR, Mktg)
- Board Member/Trustee



Volunteer Roles ...

ONE-OFF EVENTS

Volunteer to be part of our annual holiday and camping trips, incredABLE-y made trading events and community fundraising events throughout the year. There is something for everyone!

Minimum requirements 2-3 times per year

EVENINGS

Volunteer to help at our weekly youth clubs, evening life skills programmes or at our hugely popular incredABLE Black Moon discos which we host 6 time per year. We also organise ad-hoc recreational evenings and are always open to new ideas!

Minimum requirements 2-3 hours per week

WEEKENDS

Volunteer to accompany groups of children or adults on weekend residential/short breaks or a Saturday outing! Practical skills such as mini-bus driving, cooking, group facilitation, recreational activity/experience are always in demand!

**Minimum requirements 2 weekends per year
or 1 Saturday per month**

WEEK DAYS

Volunteer to assist adults engaging in meaningful and creative daytime opportunities at one of our incredABLE-y made enterprise hubs, located in Armagh, Lurgan, Richhill or Tamnamore.

Minimum requirements 1 day per week (Mon-Fri)

Real Stories of Volunteering

8



"The Black Moon disco is a safe space for over 18s to meet friends and have fun! It makes me feel humble to be part of such an inspiring charity, that does amazing work all year round with so many people!"



"I volunteer on day opportunities because it's my chance to give back. The guys are great and we have so much fun! It takes very little to make a real difference, and joining in is so easy!"

Let your story be the next one ...

Whatever stage of life you're in, volunteering can fit around your world and add something special to it.

Whether you're a student looking for experience, newly retired with time to give, or part of a workplace wanting to support the community, there's a place for you here.

"I didn't expect to get so much out of it"



ROBIN

volunteer minibus driver

'When I pull up in the minibus and see the smiles on the faces of participants and they say "I'm glad you're driving" or "I haven't seen you in a while!" it makes me realise how worthwhile my role is and how much it means to the young people to get out and about doing things they enjoy.'

incredABLE has been awarded
1st Achievement status by
Investing in Volunteers



We've got your back ...

VOLUNTEERING

You don't need experience to volunteer, just compassion, commitment, and a willingness to help.

We provide:

- Full induction and role-specific training
- Ongoing support from our friendly team
- Out-of-pocket expenses reimbursed
- Flexibility to fit volunteering around your life

Whether you're available once a week or once a month, your time will be valued.

Getting started is so easy ...



1

Visit our website:
www.incredible.org/volunteer

2

Fill out the simple volunteer
enquiry form

3

We'll be in touch to chat about your
interests and the best roles for you

4

Once you're ready, you'll start
making a difference!

ANY QUESTIONS?

Call us at **028 3887 2111** or
email **info@incredible.org.uk**
We'd love to hear from you.

2025/26

You have the power to make a difference

Every hour you give can change someone's day,
... and maybe even their life.

Be part of something inspiring.
Volunteer today.

Registered with
The Charity Commission
for Northern Ireland
NIC101118



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